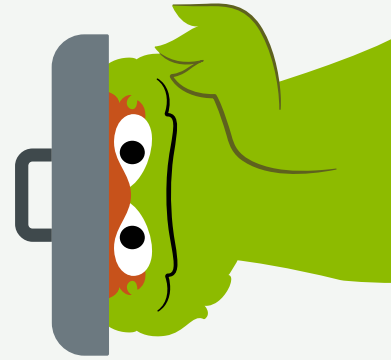
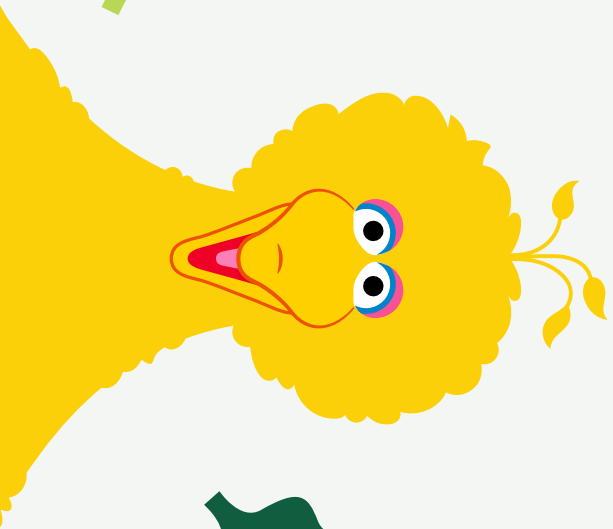


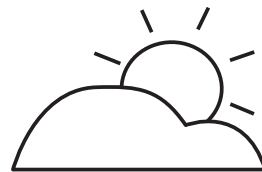
GOTHAM  GREENS®



THE COLORFUL CORNERS OF OUR NEIGHBORHOOD

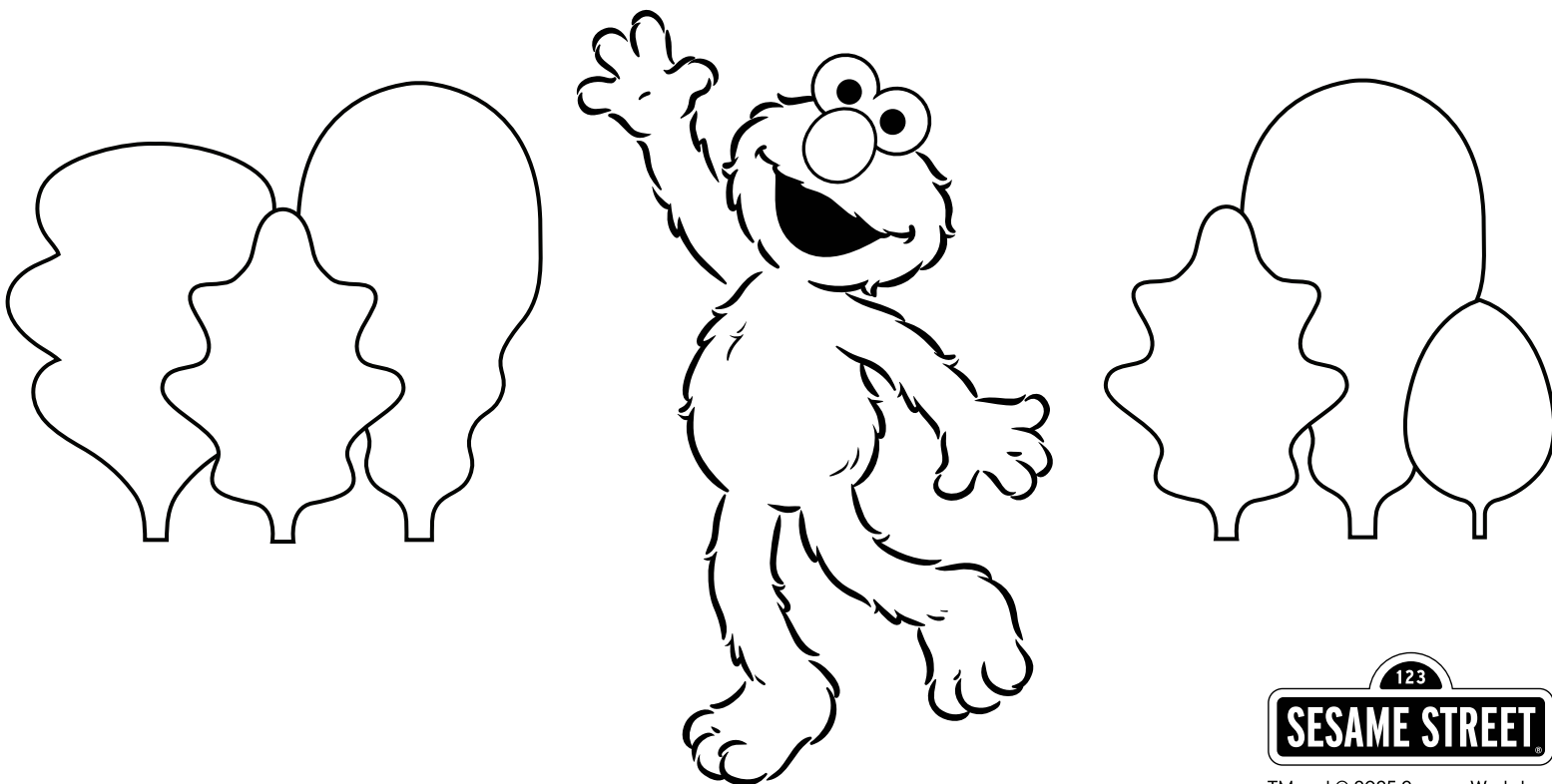
An Activity Book for All Ages





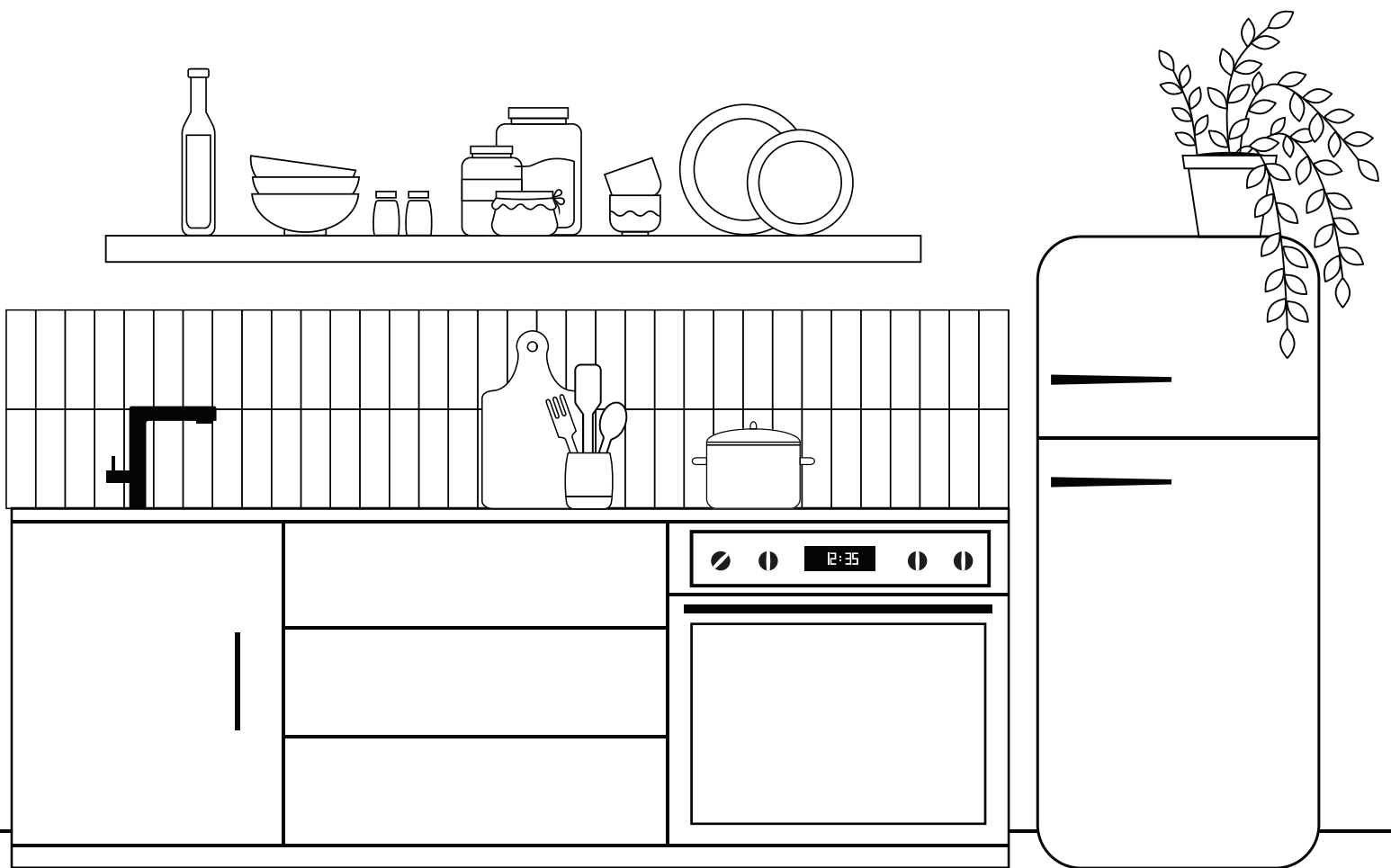
Welcome to the Gotham Greens neighborhood!

In this coloring and activity book,
we'll uncover the Gotham Greens
neighborhood, with a little help
from our friends at Sesame Street.
Let's dive in!

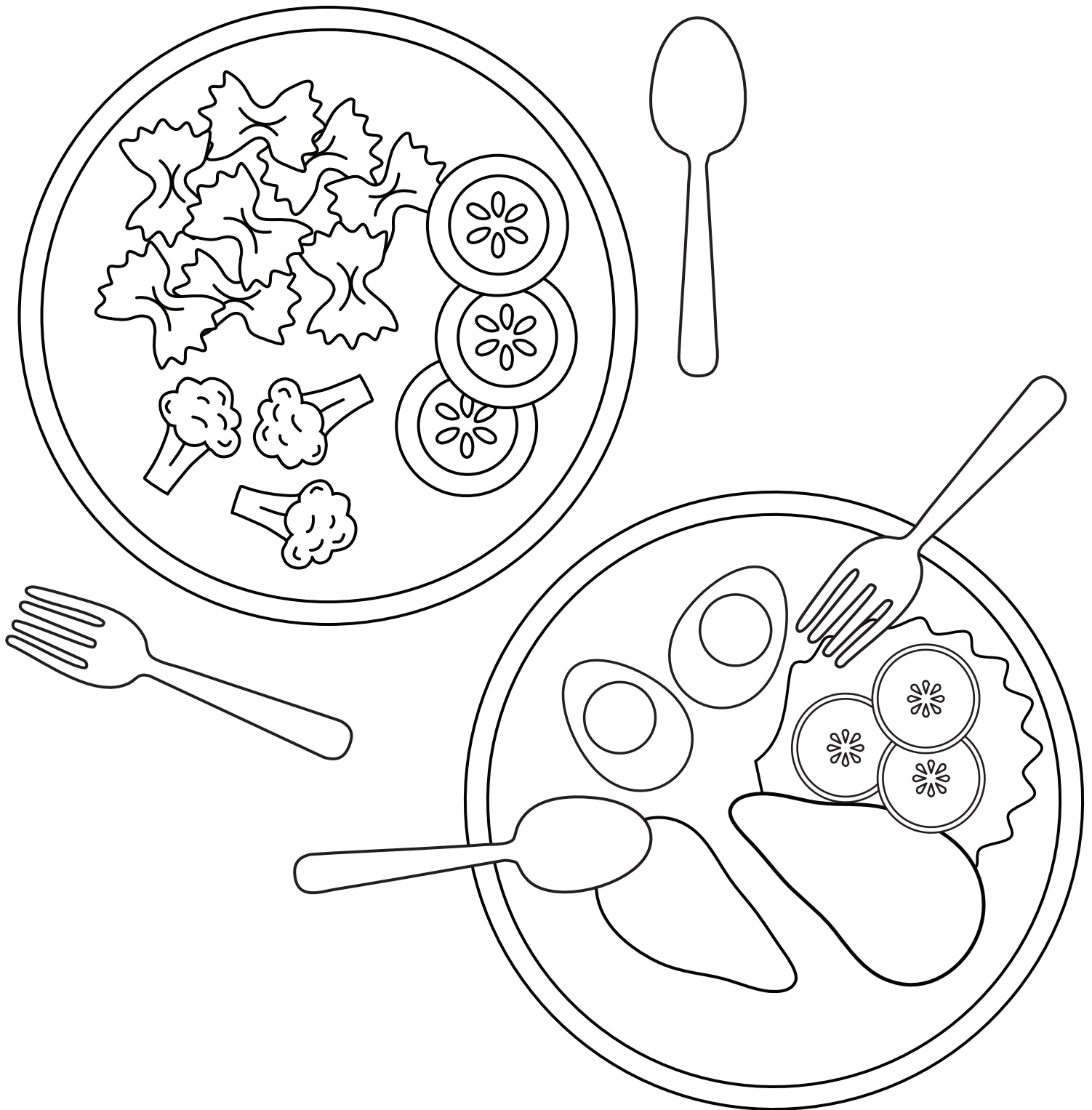


Chapter 1

Our Kitchen



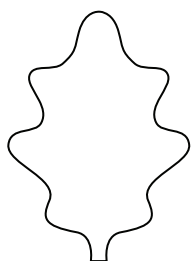
Balanced plates are colorful plates.
Choose the colors that go with these
yummy meals?



Veggie Salad inspired by Elmo

Elmo is here to inspire us to mix his favorite salad, including some red veggies!

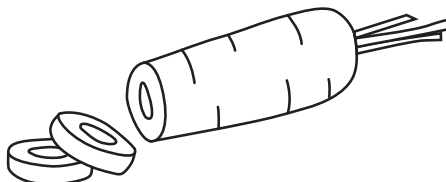
What You'll Need:



Lettuce



Tomatoes



Carrots



Olive Oil

How do you turn these
ingredients into a yummy
Veggie Salad?



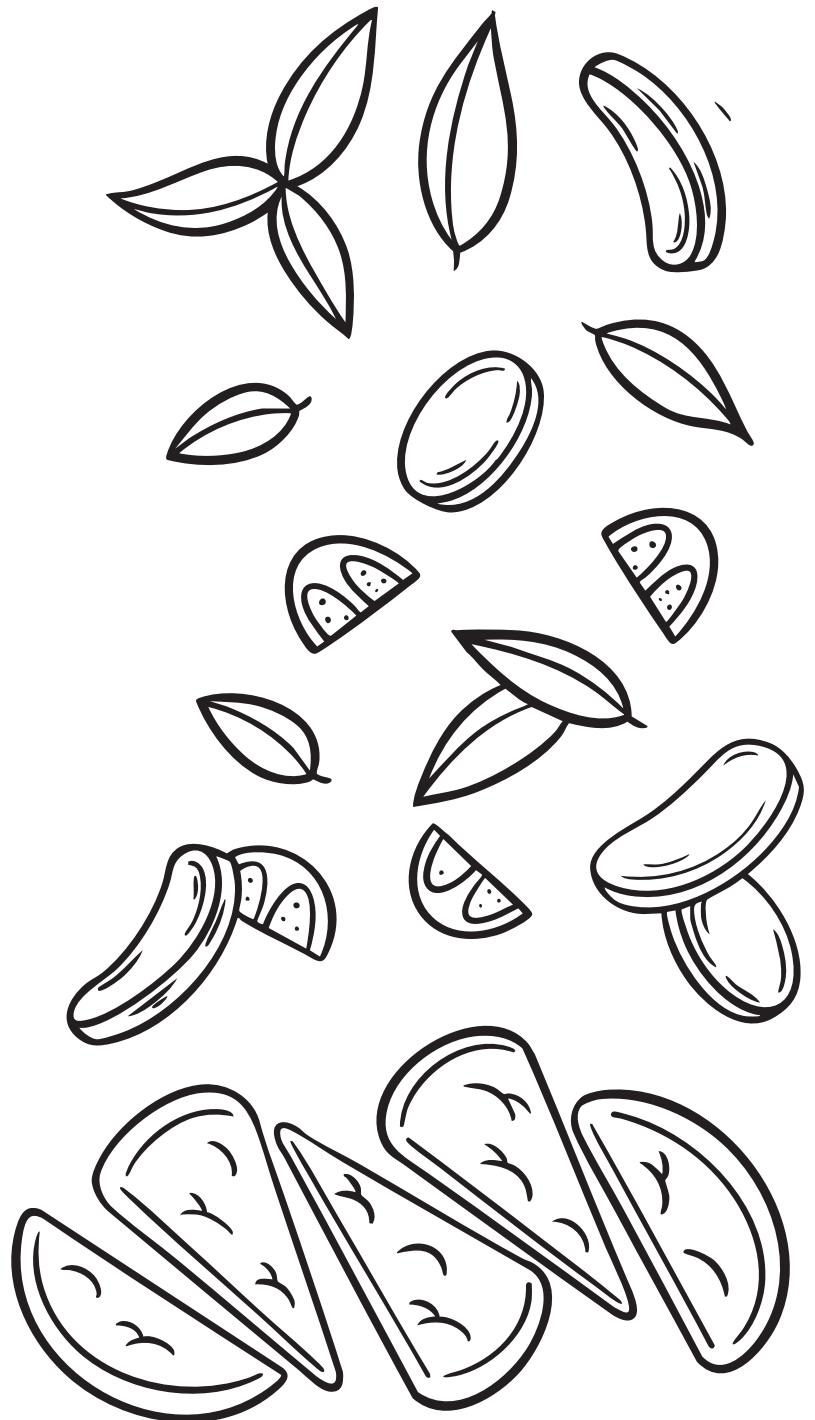
Connect the dots to find a healthy, crunchy treat.
Count as you go. Then, color it in! What does this food taste like?



Flatbread Pizza Recipe

Make your own flatbread pizza! With help from a grown-up, read and follow the instructions in the recipe below. Then, color your favorite pizza toppings!

- 1 Have a grownup preheat the oven to 400 degrees Fahrenheit.
- 2 Spread Gotham Greens Pesto on a large piece of flatbread.
- 3 It's topping time! Together sprinkle shredded chicken, followed by shredded mozzarella cheese. Add diced (or sliced) cherry tomato, if desired. (We call them "tiny tomatoes" when kids get skeptical.)
- 4 *Adult Required: Place the flatbread on a baking sheet and bake for 10-12 minutes, or until the cheese is melted and bubbly. Garnish with fresh basil leaves, if desired. Slice and serve warm.



Taco Night Recipe

Start a taco night tradition that involves everyone!

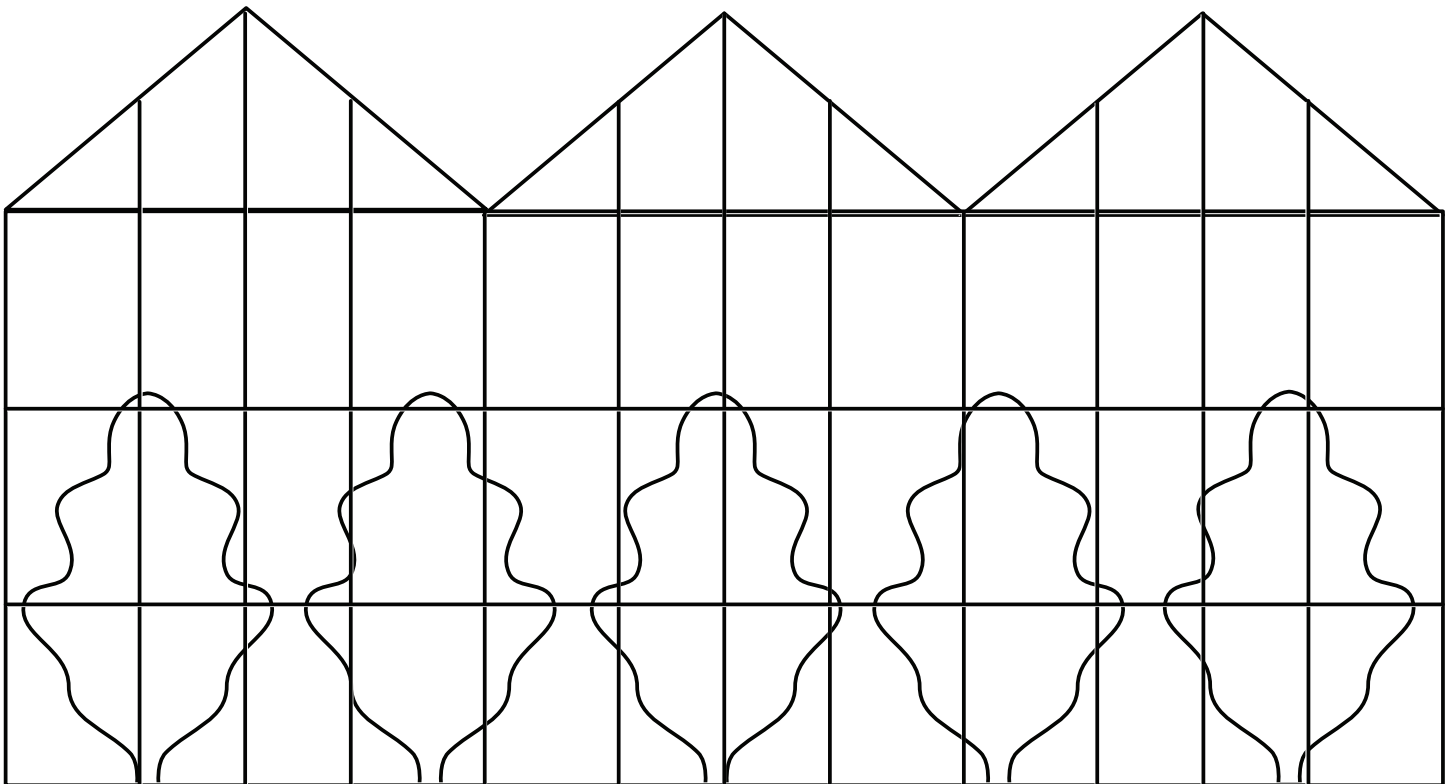
Help us add some color to this taco!

- 1 Set up the ultimate taco assembly line: Gather all toppings in individual bowls and arrange taco shells at the beginning of the lineup.
- 2 With help from a grown-up, build your taco masterpiece by layering each of your favorite ingredients into your taco shell. Don't forget to taco "cheers" to your family dinner success.
- 3 "Tacos are super fun to make—and even more fun to eat! Some of our favorite kid-approved toppings are beans, diced tomatoes, sliced olives, crunchy lettuce, and lots of shredded cheese. Want to add some tasty protein? Try grilled chicken or steak—our Chimichurri sauce makes them extra yummy!"



Chapter 2

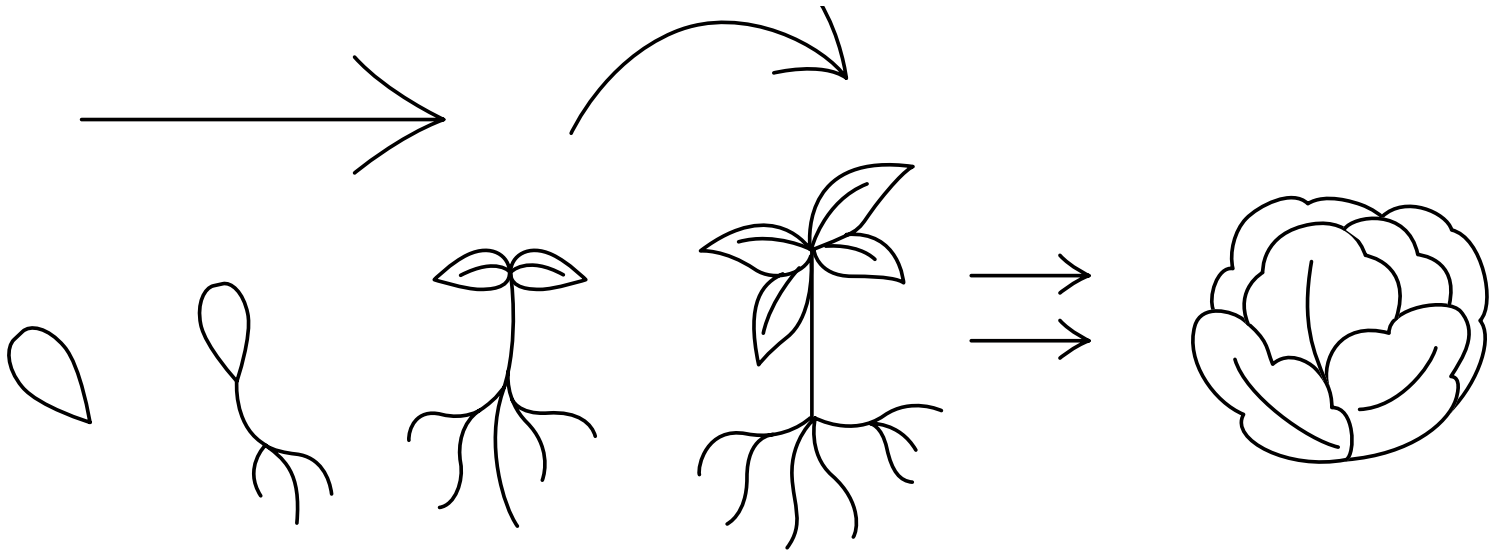
Our Greenhouse



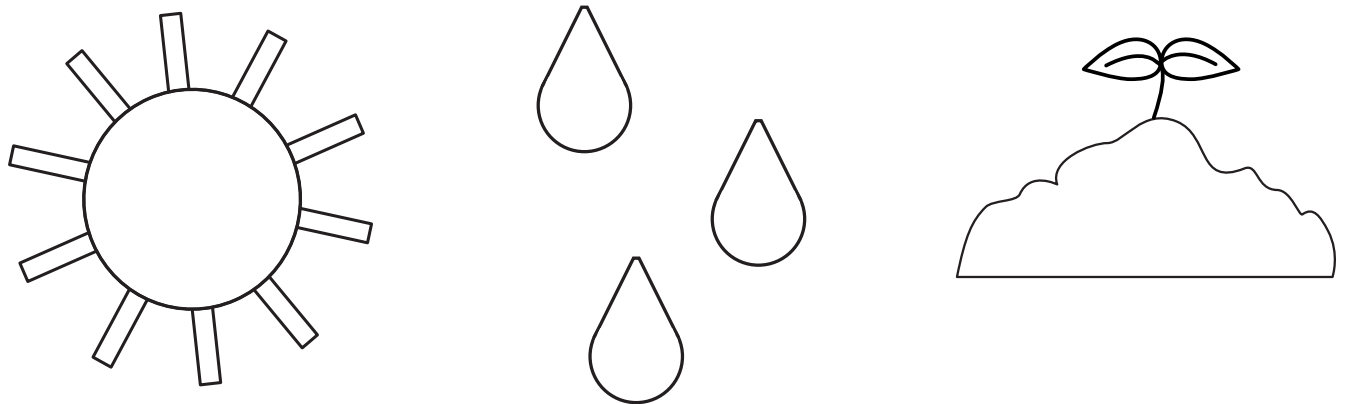
We think cities should be filled with green rooftops.
Help us add some green to this city skyline by
coloring in the falling leaves!



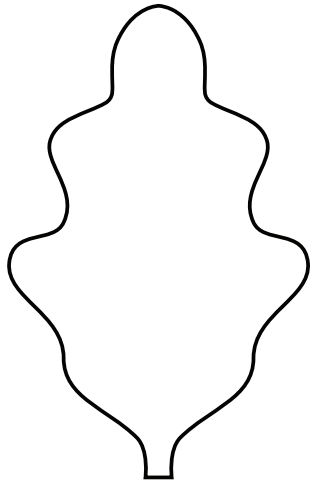
With sunlight, water, nurture and care, a tiny seed can grow into a big, beautiful head of lettuce. Isn't nature pretty amazing?



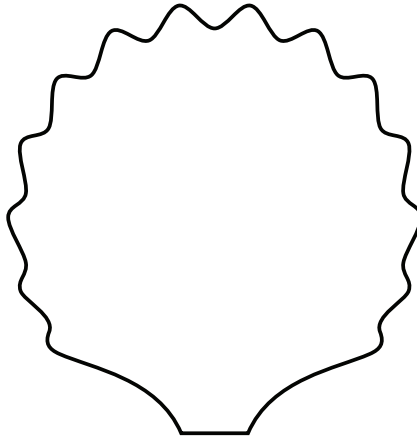
Some of the things that helps our plants grow are sunlight, water and soil.



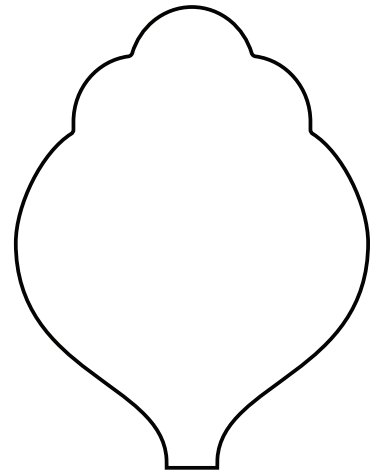
There are many types of lettuces out there! Some are delicate, some are crunchy, some are extra crispy, and some look like tiny trees! Each type has its own taste and texture. Color each lettuce leaf so they have their own special look.



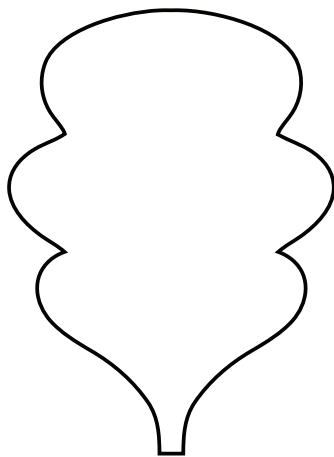
Green Oak Leaf



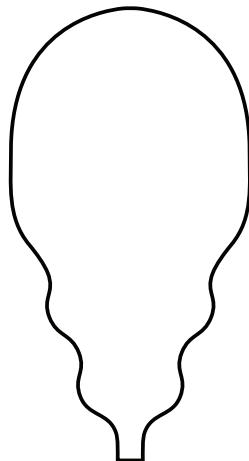
Crispy Green Leaf



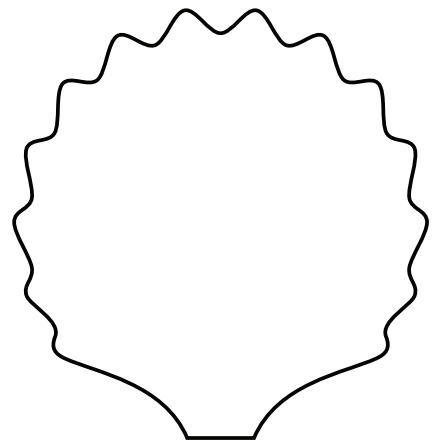
Butterhead



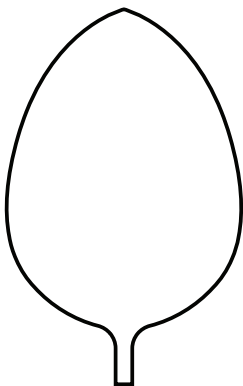
Gourmet Lettuce Mix



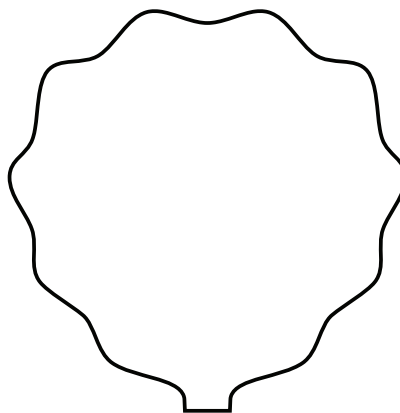
Romaine



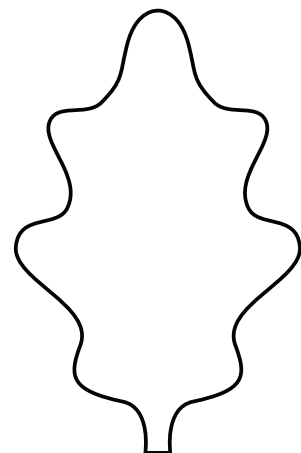
Green Leaf Sandwich Cut



Basil



Crunch



Red Oak Leaf

Chapter 3

Our Grocery Store



Let's make a Green Pesto Pasta!
Draw the ingredients we need.



Grocery Store Scavenger Hunt!

Bring this page with you to the produce aisle and help Big Bird find fruits and veggies that are YELLOW.

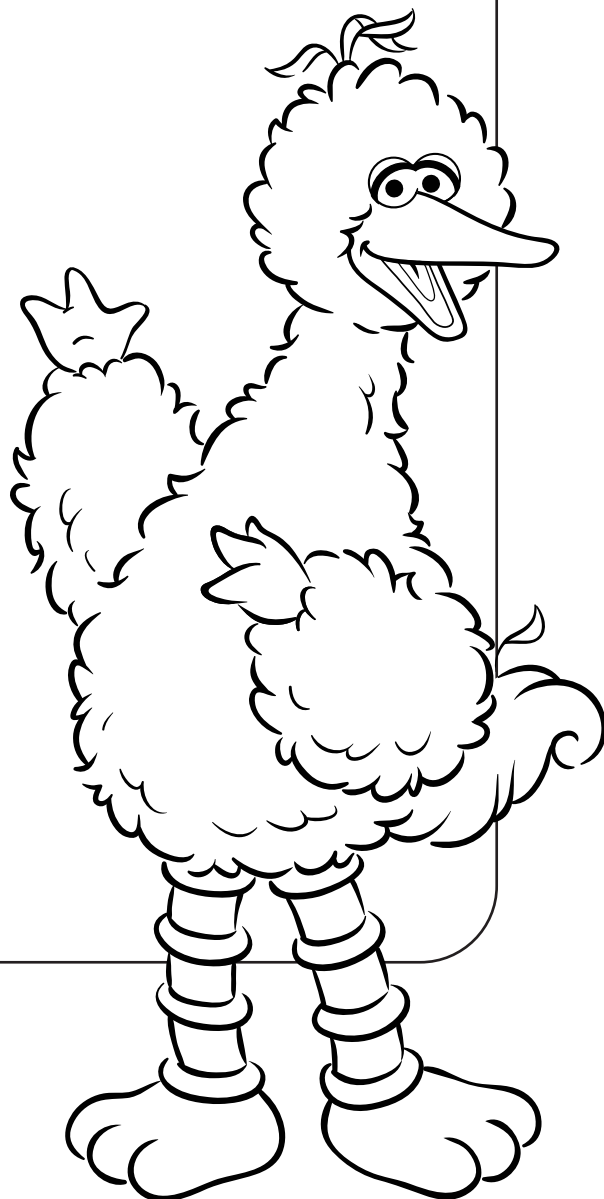
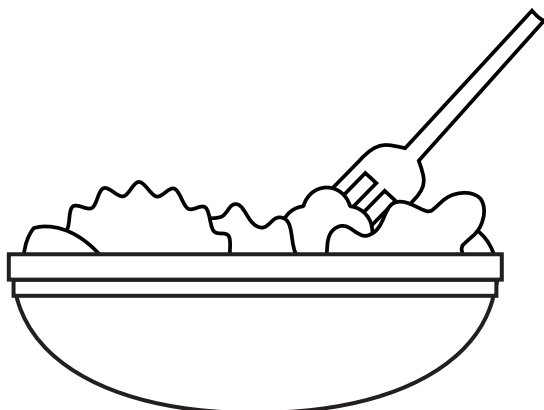
1.

2.

3.

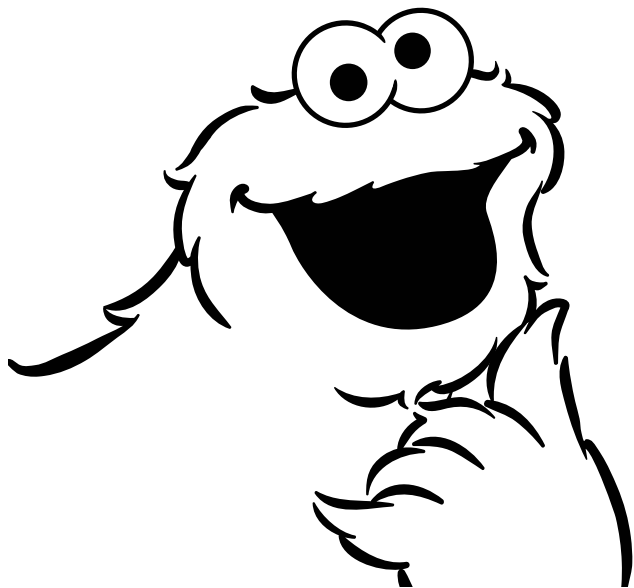
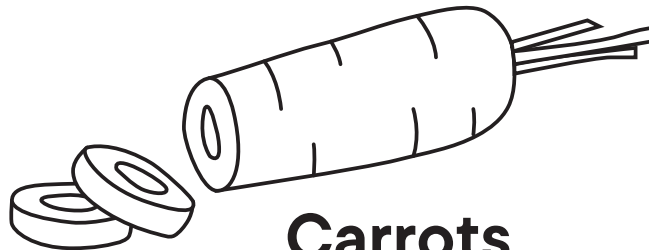
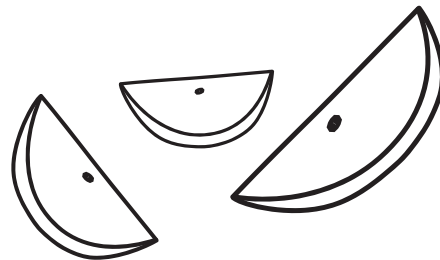
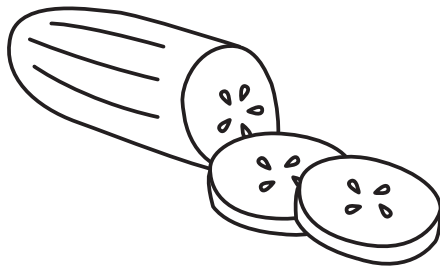
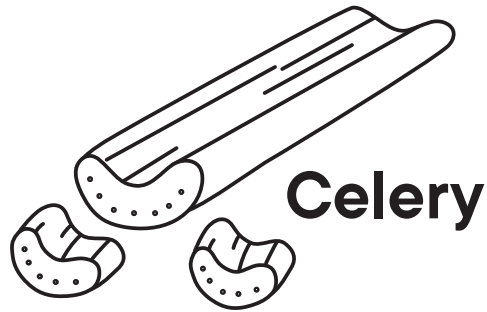
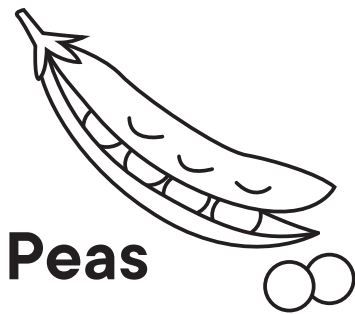
4.

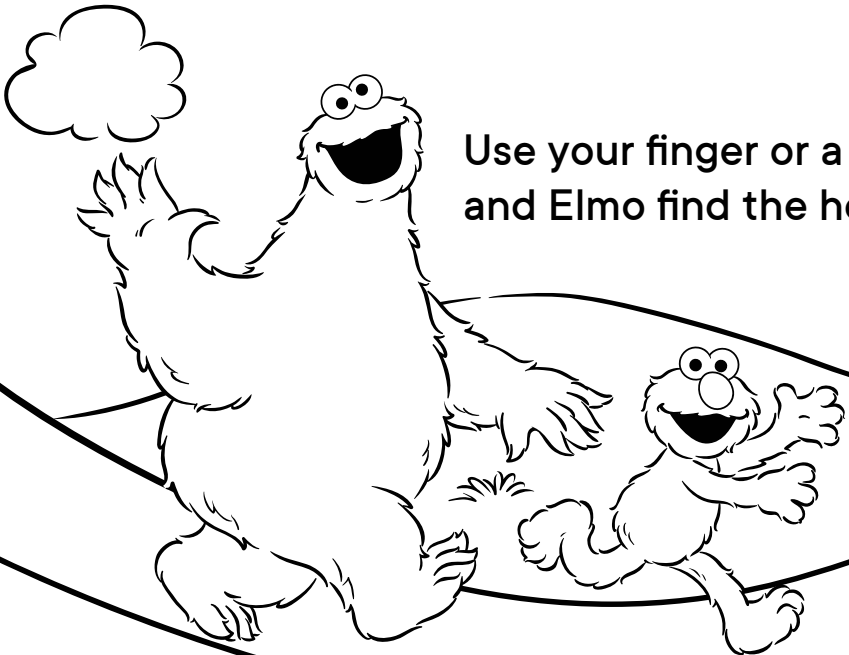
5.



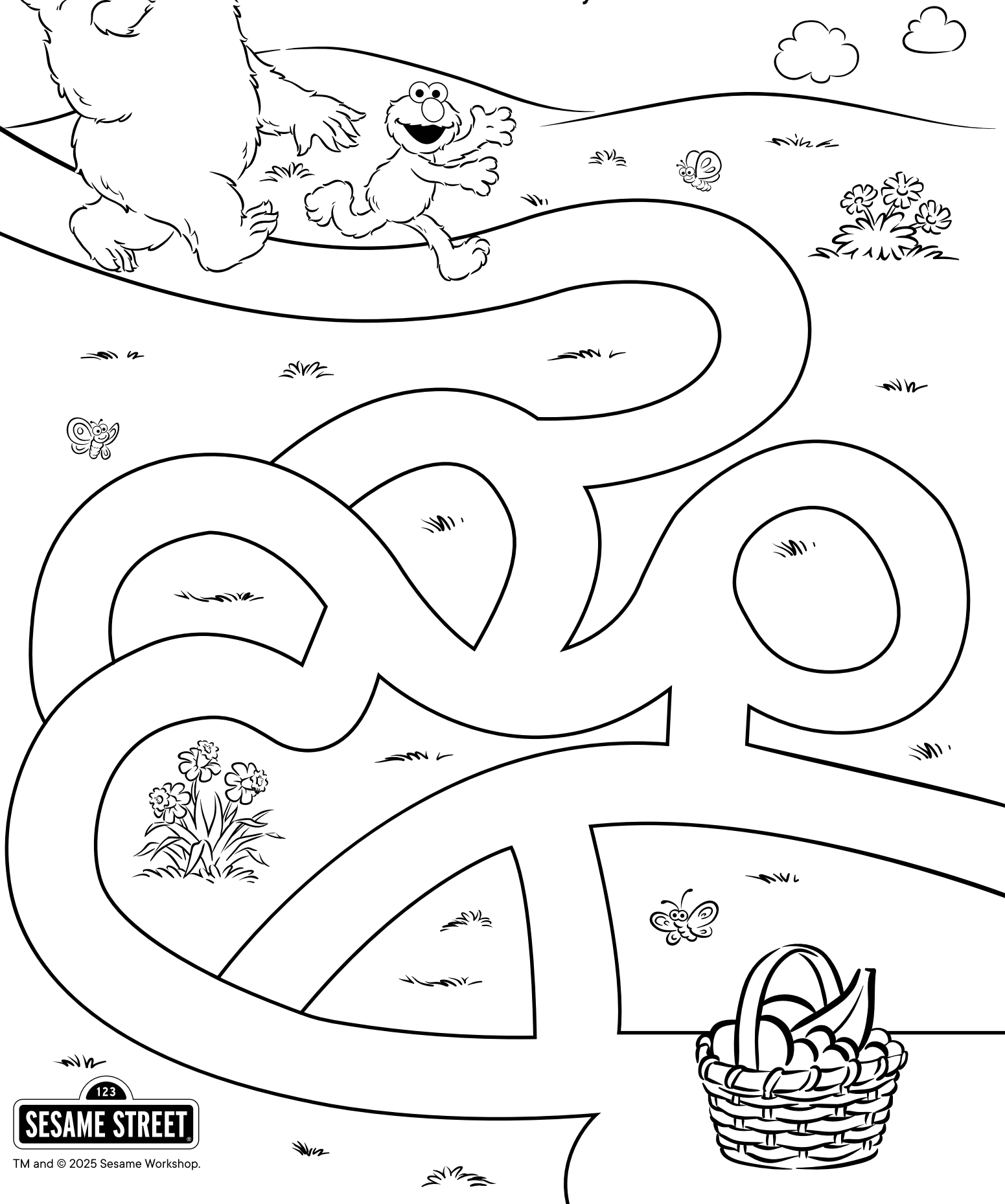
Grocery Store Scavenger Hunt!

While you're shopping, help Cookie Monster find his perfect CRUNCH! Can you color in which toppings would help make a crunchy salad?





Use your finger or a crayon to help Cookie Monster and Elmo find the healthy foods for their snack.

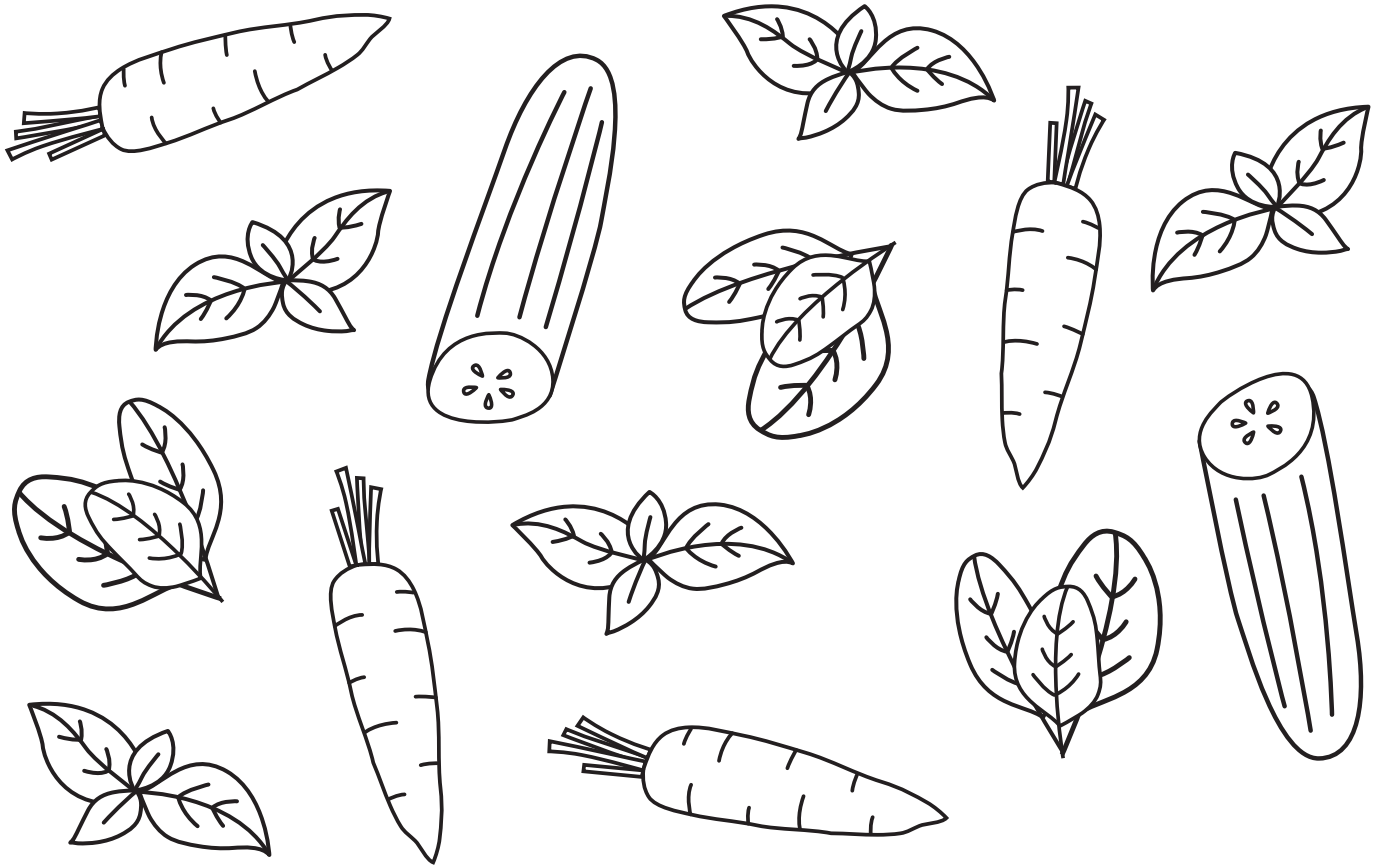


Chapter 4

Our School



Count the number of each vegetable on the page?
Fill in your answers at the bottom!



How many bunches of basil? _____

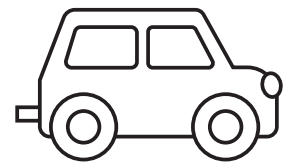
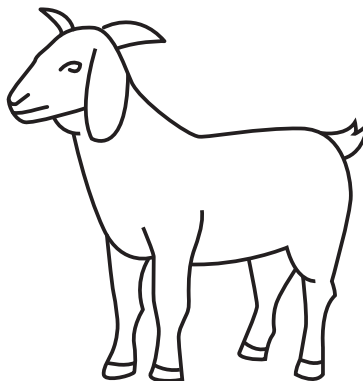
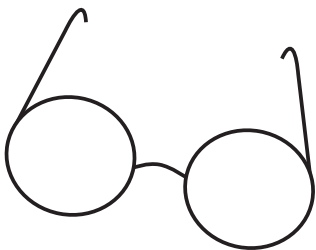
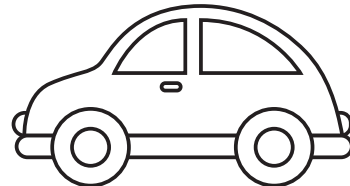
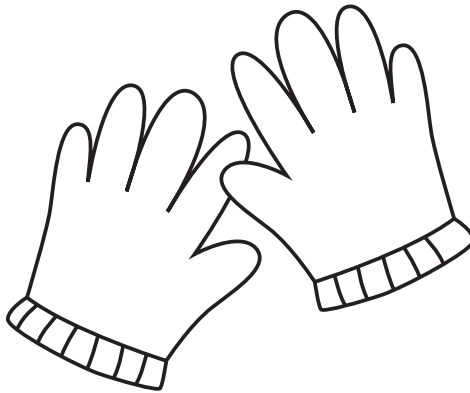
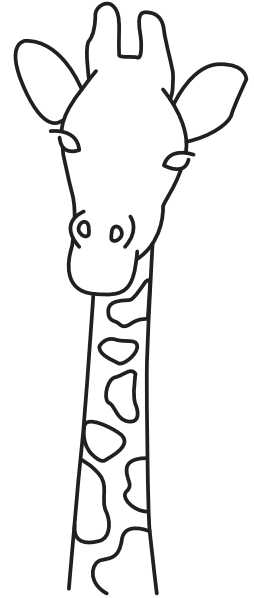
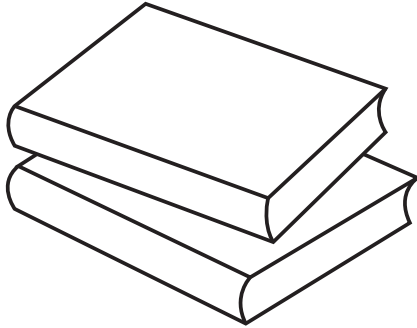
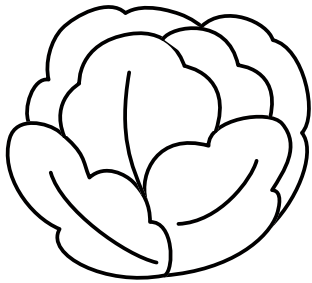
How many carrots? _____

How many cucumbers? _____



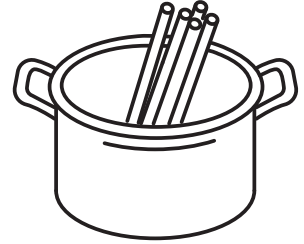
"G" is for Greens!

Circle the other items that start with the letter "G"?



With help from a grown-up, help us fill out the recipe instructions on how to make Green Pesto Pasta!

Step 1:



Step 2:



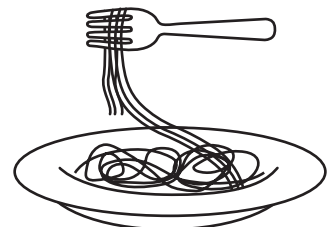
Step 3:



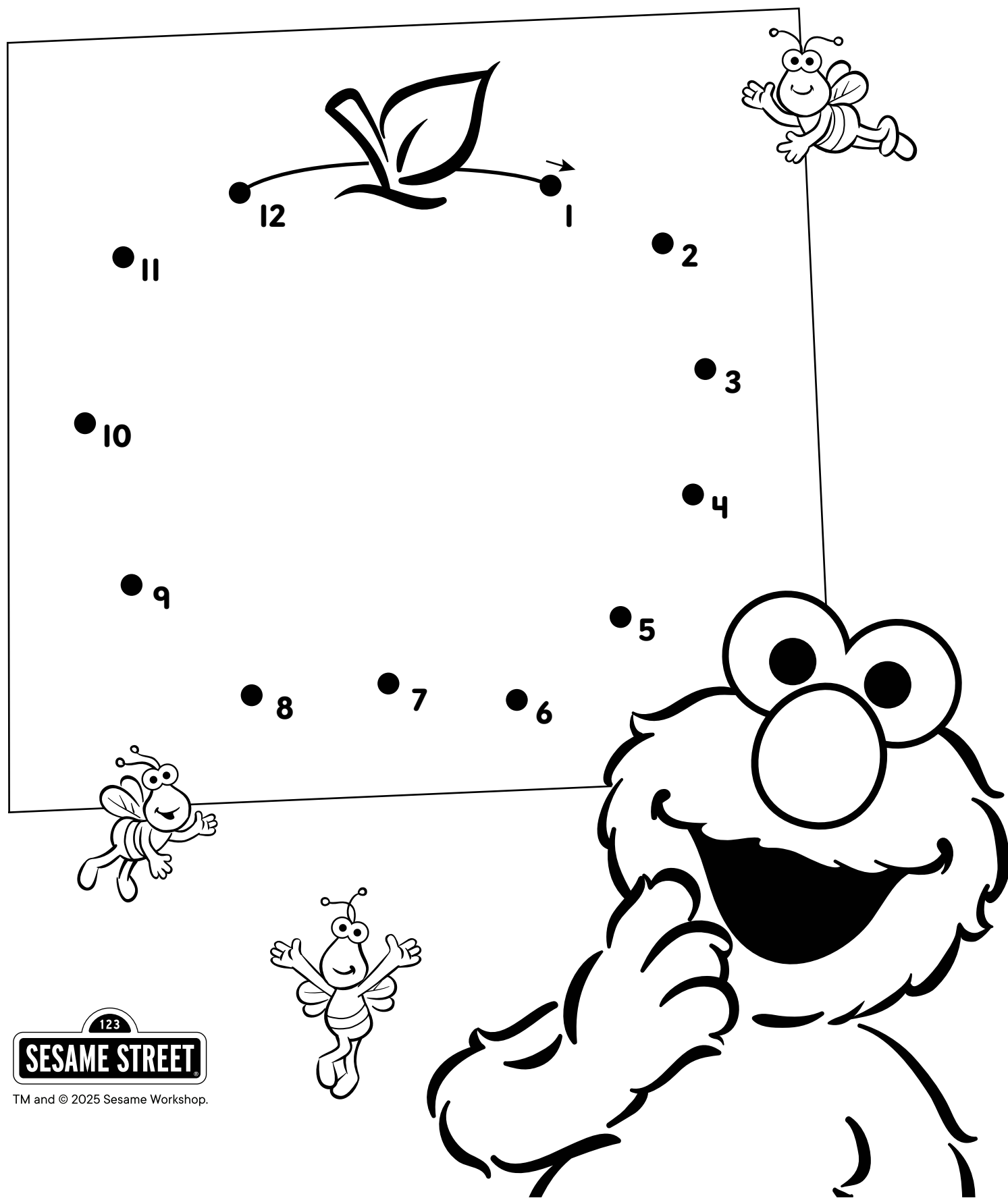
Step 4:



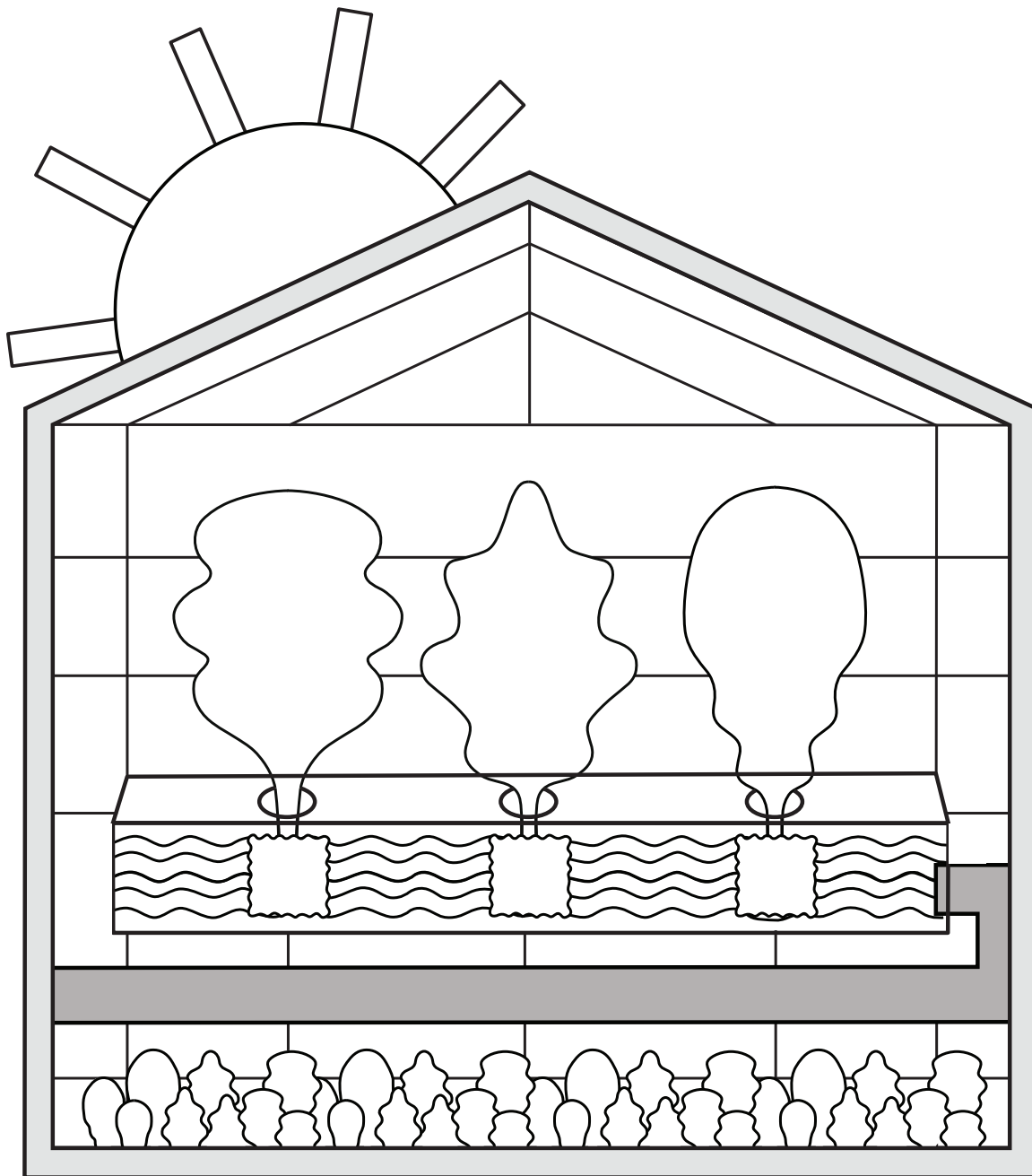
Step 5:



Connect the dots to find a healthy, crunchy treat.
Count as you go. Then, color it in! What does this food taste like?



Did you know? At Gotham Greens, we grow plants in greenhouses—those are like big glass houses that let in sunlight to help plants grow. We don't use dirt, just water with nutrients! The plants get light from the sun, and also from special lights that act like sunshine when it's cloudy or dark.





**Thank you for helping us
add some color to our
neighborhood!**

